

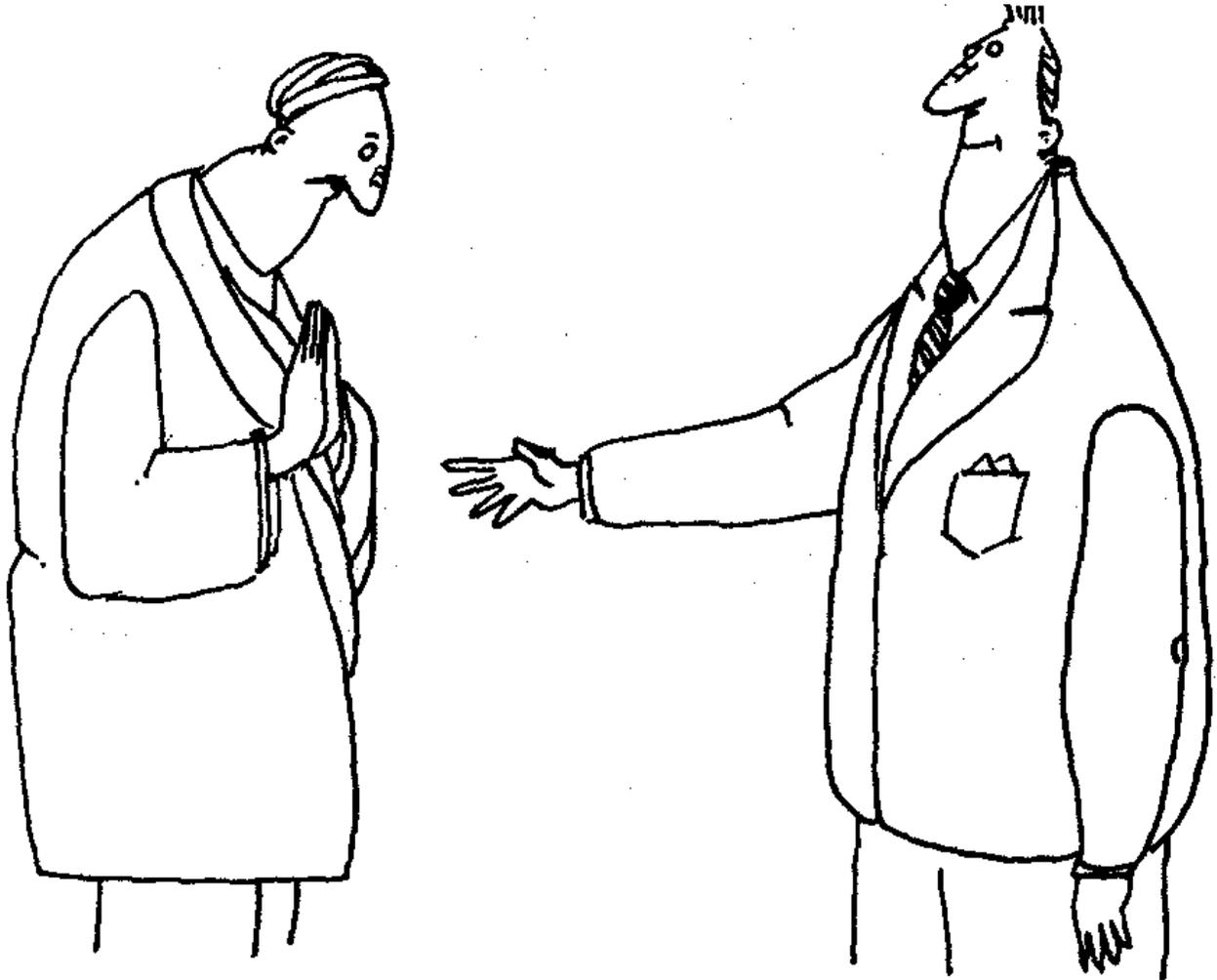
Presentation Plan

Subject Area: LEADERSHIP LABORATORY

Topic: SHAKING HANDS (Presentation time 45 minutes)

Detail	Notes
<p>Objective: In this topic, the cadet will demonstrate accepted professional handshaking custom and express proper occasion and usage of the handshake.</p> <p>Why does the cadet need to know this? While representing the Civil Air Patrol, cadets will be expected to greet individuals in an appropriate manner.</p> <p>Topics & Activities: Why did we start shaking hands? What does it mean? Began as a sign of trust and good faith, and to demonstrate to each other that we did not have a sword in our hand. Similar in origin to the salute. Now it is a friendly greeting that communicates a first impression of personality and character.</p> <p>How to shake hands Posture Stand up straight with right foot slightly forward. Extend your right hand toward your partner. Match the strength of your partners grip. Make a verbal greeting if appropriate. Discuss cultural variations of shaking hands.</p> <p>When is appropriate to shake hands? When someone greets you with a handshake. When you are presented with an award. When you are receiving a guest of equal grade/rank. Discuss other inappropriate situations.</p> <p>Shaking hands is not appropriate in all cultures India (Namaste) (praying hands) Arabia (Salaam) (heart, head, up and out) Japan (Bowing) (Who, When, How far?) American South (Shake hands with a woman only if she extends her hand first.)</p> <p>Exercises: Shaking hands with each other. Greeting variation of salute first then shake hands. Receiving a certificate. Flight officers can evaluate handshakes of their flight.</p> <p>Symbolism of the handshake. What does a handshake mean to you?</p>	

Shaking Hands



It's not always as easy as you might think.